



The Zavos Home Conception Pak Instructions for Use*

**If you do not understand these instructions or if you have any questions, please call us at 859-278-6806, or log on to our website at www.homeconceptionstore.com and click Contact Us to send us an email.*

Pre-Seed Lubricant

Pre-Seed Lubricant provides natural lubricating fluids and enhances the comfort of intimate sexual activity. It is compatible with condoms, including polyurethane (semen collection condoms). Pre-Seed can also be used to facilitate insertion of diagnostic or therapeutic devices, such as those used during fertility interventions.

Use of Pre-Seed with the Cervical Cup with Stem:

1. Tear packet open
2. Apply desired amount to genital area
3. If more lubrication is desired, apply lubricant to the outer edges of the Cervical Cup with Stem

General use of Pre-Seed:

- DO NOT USE IF PACKAGE IS OPEN.
- *Personal Use:*
 - Tear packet open
 - Apply small amount (size of a nickel) to genital area
 - Vary amount to achieve desired lubrication
- *Clinical Use:*
 - Tear packet open
 - Apply desired amount of lubrication to instrument and/or genital area

Individuals using Pre-Seed while trying to conceive:

- Consult your healthcare professional if you have not become pregnant following 6 months use of this product.